LAKE COUNTRY



# Dust in the Wind

#### MARCH 2014

# The Artist's Corner



The mentoring/mentee process is an important part of our creative journey.... Part of our artistic journey involves evaluating our support network. When we have someone to look up to, to inspire and encourage us, we gain a very fundamental determination and expectation to rise up to the challenge. It becomes important that our mentors/heroes recognize us and take us under their wing. Our heroes are the people that we look up to and admire for many reasons and they will raise the bar by challenging us beyond our comfort and safety zones.

This relationship helps to make us feel supported and energized. It becomes a strong psychological motivator that we continue to experience from the moment of our birth throughout life. These relationships provide a strong foundation as we continue our creative journey.

There are several ways to find someone who admires and appreciates our art. One of the ways is through the LCPS mentoring program. It will offer opportunities to meet one on one with a member from the Lake Country Pastel Society group that can be our mirror for our personal growth in creating our art. Finding someone who can be our mirror, who reflects us and they see our uniqueness, our strengths and our talents will continually strengthen us by appreciating what we have to offer. It requires first an awareness of what it is that we need and secondly how we go about eliciting a positive response. This can mean that we need to be very specific in our request for what it is that we need. For example: "I need your encouragement", or "I need you to tell me what is good about my work" or "I need some help with the business side of selling and marketing my work". More often, our mentors will be pleased to provide the support that we will need and they can be an invaluable source of strength in our creative process. It is in the process of mentoring or teaching someone else that helps build our strength and our self-confidence is bolstered. When we teach others, it helps each one of us to feel that our skills are recognized. Providing positive support to others will only help to strengthen our own sense of having something to offer others. As the relationship continues to develop, we can become even more specific in our requests. Perhaps some questions could be more in depth, such as: "What do you do when you have creative blocks, or have dry spells?" "How do you deal with your fears?" "Have you ever had those same experiences?" or "Could you help me with some positive feedback?" Most mentors will feel honored and so pleased to offer much support....

We will be reminded often that through our mentoring program, it will help spur us individually into action and holds us on to be accountable to ourselves. The mentor/mentee process is a great give and take experience for both parties involved. Remember that as artists, we have had many experiences of identifying those who have influenced our work and have been great role models and sources of our inspiration. Perhaps, the mentoring program maybe a great way to kick off your new year.

Patricia Duncan LCPS President

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#### WHAT WE LEARN FROM OTHERS ...

I am pleased to announce our next group of featured member artists for the March newsletter. Michele Frahm is one of our newer LCPS members and she is very excited to be a part of such a talented and fun group of artists. We welcome Michele and look forward to getting to know her better. Bonnie Featherstone, Barbara Gould, and Cynthia Kath have been part of our LCPS organization for awhile and we appreciate the experience and knowledge that they bring to share with our members.

#### **Bonnie Featherstone**

Capturing the beauty and significance of the ordinary in everyday life is what calls me to paint. There is such joy in being alive and being an artist.

I am an award-winning artist in watercolor, oil and pastel mediums at juried shows/competitions locally, regionally and nationally. My work is in both private and corporate collections. I am active as a Signature member of The Minnesota Watercolor Society, member of The Lake Country Pastel Society and member of Outdoor Painters of Minnesota. I teach intermediate to advanced students with a focus on composition and value.

I have maintained my studio at River Ridge Arts (formerly The Minnesota River School of Fine Art) for over 16 years and have done an annual Gallery show there with my studio mate, Maxine Bergh.

I have a BA from Michigan State University with majors in Art and pre-law. I have continued my art studies in the US with outstanding artists and teachers as well as in Europe combining visual arts with the study of culinary arts. I find it a fascinating way to learn about other cultures in a more direct way.



Water Street

Through Lake Country Pastel Society, I have had wonderful learning opportunities including Workshops with Richard McKinley, Elizabeth Mowry, Sally Strand and Albert Handel.

In December 2013-February 3, 2014 I curated "The Best of Bonnie and Friends" at the Burnsville Performing Arts Center Gallery. It featured 31 Minnesota artists who are all award winners in multiple mediums. The opening reception attracted over 600 art appreciators.

I am married to Robert (Mac) Featherstone. Our son Kevin and his family live in Woodbury. We also have two Basset Hounds, "Roofus" and "Mrs. Wiggles"

#### **Michele Frahm**

I am fairly new as a pastel artist with only about four years of excellent training in the medium. I am sure I have found the art form for me! I'm most comfortable here. Previously I was an accomplished batik artist with years of learning and eventually as an instructor at the Minnetoka Center for the arts. I had a one person batik show at that art enter many years ago and was chosen at one time by the Courage Center to be featured on one of their Christmas cards with my batik "Angel".



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Over the years I have dabbled with acrylic and oil paints and even some watercolors (not my favorite). I have taken many classes at the Minnetonka Art Center, including drawing and painting classes. I ventured to the U of M for several architecture classes which helped greatly with my perspective as well as appreciation for some local buildings. My college education was at the University of Wisconsin, Madison ... go Badgers!

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As a new member of the LCPS I have joined your mentoring program and was lucky enough to be assigned Karen Stombaugh as my mentor. I look forward to learning and sharing with her. My talented instructor at the Minnetonka Art Center is another of your members, Cynthia Kath, who encouraged me to join your society and who has been an inspiring teacher.

I love the freedom that pastels allow me to experiment with color as I create primarily landscapes. Visually our world is so full of inspiration everywhere we look. Capturing it and sharing it on paper is a challenge I never seem to tire of. I carry a camera with me at all times! (A hobby of mine).

There is so much yet to learn now and forever, I look forward to enjoying my "empty nester" and retirement years on the journey. I also look forward to meeting more of you.

#### Michele Frahm

Married to Tom. Mother of three grown and married daughters. Grandmother to eight perfect and beautiful grandchildren

Member of the Lake Country Pastel Society, International Pastel Society, Minnetonka Center for the Arts, Hopkins Art Center.

#### **Barbara Gould**

I am an art enthusiast and enjoy all kinds of art-painting, drawing, weaving, fabric art and sculpture. I especially like pastels because they combine marvelous colors, drawing, painting, design, and show the physical marks of the artist.

My mother was an artist and her cousin, Gerhard C.F. Miller, AWS, surmounted childhood polio, painted for enjoyment and then professionally up to 100 years of age. My trips to see him, his work and his studio were always inspirational. He taught me the importance of perseverance, enjoying your work and your life, and the 3 values in painting. I took art and science courses throughout public school and college, and decided during the turbulent Vietnam War era to become a medical illustrator to combine my art and medical interests.



Willow Bloor

I have a B.A. in Studio Art (Grinnell College) and a 2 year M.A. in Medical & Biological Illustration (JHU, Baltimore, MD). After eight years as a medical illustrator and the death of a family member, I re-evaluated my decision and chose a medical career.

Personal artwork during medical training and the early medical practice years dwindled until I traveled overseas in 1996. I did more traveling, began to read art magazines, and went to workshops at Scottsdale Artist School, Split Rock summer program at the University of MN, and Flying Colors. Now I work part-time as a substitute (locum) physician and am pursuing my "inner artist". I joined the LCPS in 2011 and live in southwest MN. Thank you for your fellowship. It's great to be with people who are enthused by the same things I am.

#### **Cynthia Kath**

Art has always been my gig. As the fourth of six daughters I was always seeking attention and I got it with art. I started winning awards in seventh grade. My father always liked my art as well. Art is always challenging and I figure that I'm about half way there, I have been painting seriously for 30 years and in another 30 years I might get somewhere. The more I learn the more I want to learn. I like to experiment with many mediums, different papers and surfaces.

In my twenties I started doing plein air paintings with acrylic. My favorite thing is painting outdoors; once I begin I am totally outside of myself, it's spiritual. Then about twenty years ago I met Stephen Burr in Hawaii and he taught me about pastels. I love everything about pastels except the glass, and I have learned in life that I can't have everything I want.



French Stream

I have taught watercolor classes and presently teach pastel classes at the Minnetonka Center for the Arts and soon I will begin to teach some drawing and beginning painting classes at the White Bear Center for the Arts. Also a two day "Underpainting and Pastel Workshop" is in the plans for this spring as well. Simply put, "I love to paint."

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July Program (Plein air and Pot-luck). The LCPS members potluck and plein air painting event will be held on July 8<sup>th</sup> at the Como Park Pavillion. We welcome members to come set up to paint around the Como Park area starting at 2:00p.m. We will have a short board meeting at the Como Lake Pavillion at 5:30 and member announcements will follow, along with any member feedback from our plein air painting experience from the afternoon. We had great fun and lots of wonderful food to share at last year's event that was held at the Tony Schmidt Park. COME JOIN IN THE FUN!



Barn - Symphony of Light



New Mexico Splendor - Color, Light, Atmospheric Impressionism

Richard Wright...

has had three paintings accepted into the 2014 Veterans Creative Arts Competition. The purpose of the competition is to give recognition to veterans' creative arts accomplishments. The event, held February 12 –14, was a juried competition. Richard's painting: "Barn – Symphony of Light" placed first in the pastel division and will be sent on to the national competition. First place winners

may be invited to attend the National Creative Arts Festival in Milwaukee, Wisconsin in October 2014.

In addition, his mixed-media painting: "New Mexico Splendor – Color, Light, Atmospheric Impressionism" (painted in acrylic, oil and sand), took third place. His third painting received an honorable mention.



Lake Harriet Parkway Approaching the Bandshell

Melody Allen...

is very pleased to announce that an exhibit of her paintings are now on display at the Groveland Gallery in Minneapolis. This is "a dream come true" for her.



Dianna Shandorf...

received an Excellence Award for her painting "Citrus" which was accepted into the National Art Exhibition of the Visual Art Center in Punta Gorda, Florida. She was honored to have the painting included in the show, and getting this award was "the icing on the cake"!

Citrus

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Eileen France ...

received an award of merit at the Burnsville Visual Arts Society annual ArtFete for her painting "Dusk"

Dusk

I began to realize how important it was to be an enthusiast in life...if you are interested in something, no matter what it is, go at it at full speed ahead. Embrace it with both arms, hug it, love it and above all become passionate about it. Lukewarm is no good. Hot is no good either. White hot and passionate is the only thing to be. Roald Dahl



Superior Sunrise

Rita Beyer Corrigan...

received a first place award for her painting "Superior Sunrise" in a Juried Art Show sponsored by the Benedictine Center in Maplewood .

Frameworks Gallery in St, Paul will exhibit her abstract pastels from March 1–May 21.

She will also have work from her Ireland series exhibited through the Healing Arts Program at the Hudson Hospital in Hudson, Wisconsin, from March 12 thru June 16.

# Classes and Demos Taught by LCPS Members

#### Sandra Dowd

Pastel Portrait Demonstration at Wet Paint in St. Paul Thursday, March 13 from 5:30 - 7:30 pm. It's free and all are welcome!



### <u>MaryAnn Cleary</u>

 Pastel Demo : How to make pastels Cambridge Center for the Arts March 8<sup>th</sup> (Saturday) at 1pm.

 Pastel class for beginning to intermediate students Cambridge Center for the Arts March 22 from 9-4 with one hour for lunch

For more info, contact CCFA at 763-552-0320 or MaryAnn at maryann@ maryanncleary .com



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Several LCPS Members had their work accepted and awarded in The 2014 Arts in Harmony International Juried Art Show

held February 3 - March 27 at the Sherburne County Government Center in Elk River Mn.



Emerging Artist with Attitude

Lisa Stauffer

~ Merit Award ~

Sandra Dowd

~ Best Pastel Award ~



The Tail of the Whistling Swan



Bridge to St. Anthony Main

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Melody Allen

~Best River Related Representation~

Karen Stombaugh

~ Hamilton Award~



Quartzite Rise, Pipestone National Monument

Rita Beyer Corrigan



Road Near Cong, Ireland



A View of the River at Dusk

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Diane Stark Gronewold



Patricia Duncan

Altered Reality

Beautiful Waters

John Heckman



Night Reflections

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Sher Leksen

Laura Trovin Schack



Poppies in the Pasture

Our pastel society is grateful for the many members who willingly volunteer in large and small ways. To thank them and encourage others, we want to show our appreciation by giving away "volunteer gift cards " at each member meeting. The winners drawn at our November meeting were Kathy Fleming and Carol Zartner and in January, Sue Rowe and Michelle Wegler. Each received a \$15 card for Wet Paint. THANKS!



Highlights from the January 2014 Lake Country Pastel Society Board Meeting

We have had an exciting start to 2014! Despite cold temps and snow, our Board has been busily planning for the upcoming months. We thank Bonnie Featherstone for a wonderful artist talk at our January meeting---Bonnie's humor, honesty, and enthusiasm about being an artist touched all of our hearts in many ways. Thanks also to Lisa Stauffer for leading our Still Life pastel miniworkshop in February and we also look forward to learning from Fred Somers in his October 25-27 workshop. We have a wonderful new website up and running, thanks to the hard work of Barb Björnson, Elizabeth Strootman and Mark Ellis. It looks great! A special thank-you goes out to Cheryl LeClair-Sommer for hosting the first Kick-off/Breakfast for our mentoring partners. It was a blast! Coming this spring-- Sandra Dowd and Judy Lieber will be enlightening us with their pastel and figure skills, and 6 of our artists will be demonstrating a Painta-round at the May meeting. Members are always welcome to join the Board meetings, and our next one coming up is Tuesday, March 11, 5:30 p.m. Hope to see you there!

Respectfully submitted, Heather Hultgren Board Secretary



#### JANUARY PROGRAM NOTES: Bonnie Featherstone Presentation

If one put a tangible face to "nice" the image is Bonnie Featherstone! Always encouraging and supportive, this extremely successful woman of the arts, this motivational speaker, this Minneapolis Tribune columnist, this art teacher, this author, this entrepreneur..... and politics and community growth involvement and...... watercolors and oils and pastels.....a chef too. And she loves dogs! Did I mention Bonnie conceptualized and worked in the political trenches toward the development of the Burnsville Art Center?

This-- by necessity--highly energetic and multifaceted woman of the arts, politics, business, community affairs and journalism is re-prioritizing her time to focus more intently on easel work--to spend more time just painting. But first, Bonnie provided the program for our January meeting; she



discussed with us in detail the practical and motivational framework that supports her business of being an artist. She shared her "system" of keeping track of works completed, sales, buyers, prints, galleries, fees, charitable contributions.... Bonnie's record system of what, where, when and how much was inclusive and efficient.



Bonnie then described her "team," the indispensable professionals that support her business of being a professional artist, such as her framer and printer, etc. She shared how all her work, with all the applicable particulars of title, price, etc., is stored on easily retrievable cd's with visual reference on their covers for quick identification. Then she spoke a little of the disappointments that necessarily come to all artists, such as rejection and ennui. She shared some of her techniques for addressing these all to familiar realities of being an artist.

Bonnie also encouraged everyone present to support one another. She emphasized that the very differences amongst us constitute the very

energy and potentiality for our success as a group and as individual artists.; Her message was to embrace the differences and so reap the benefits. Very sage advice from this very professional and very successful artist.

Kathy Kobs

March LCPS Member Meeting Tuesday, March 11<sup>th</sup> , 7 - 9 p.m. at the New Brighton Community Center



LCPS members Sandra Dowd and Judy Leiber will be entertaining us with their portrait/caricature sketches and selecting some of our members from the audience for their models.



March Prog

The Programs for the remainder of the year are:

### May 13th

Six of our LCPS members will participate in a "Paint Around". We will have the 6 members set up in a circle using photographs to work from and create a "Masterpiece?" Each member will spend 10 minutes working on a painting and then they will rotate around the circle to get 10 minutes on each of the other member's paintings. It should be a fun evening and we will be looking for the observing members to give their input and ideas as we create our "work of art".

<u>July 8<sup>th</sup></u> Potluck and Plein air paintout at Como Park Pavillion in St. Paul, MN.

> <u>September 9th</u> Jeff Hurinenko will be speaking on the creative process

> > November 11th

One of our members, Bruce Koprucki, will be speaking and teaching us about the fundamentals of perspective. Come prepared to participate and learn in this great hands-on experience. He would like to have members bring a 12 x 18 drawing pad, charcoal, pencils, markers, and/or pastels to use while learning about the importance of perspective.

#### Hello LCPS members,

We had a great time in our February "Painting Essentials" workshop! We chased off those winter blahs and even though it did snow and blow at us we were inside painting away! The group worked hard and had some wonderful results to show for their efforts! I have included a pic of my demo painting, since some of the participants asked to see it a bit further along. The following are remarks by two of the participants that do a good job of summarizing the weekend... Lisa Stauffer

#### MaryAnn Cleary:

This February, I had the pleasure of attending a workshop by Lisa Stauffer along with my other duties as the workshop chairperson. The first day Lisa discussed the importance of design in a painting. This included line, shape, color (and how the environment influences color), contrast and value, texture along with how to maintain a focus area in a painting. Lisa then gave a demonstration after setting up a simple still life for



then gave a demonstration after setting up a simple still life for the class.

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Bosc on Blue
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During the following two days, the students set up their own still life studies with a focus on the design element – the best placement of fruit to keep the viewer on the painting, the element of color with different drop clothes, and deciding the focus area in the painting. We also compared different light sources – natural and artificial.

Understanding how subtle environmental colors can influence what a person paints became my major "ah-ha" moment. During the workshop, I had taped a piece of pastel paper to the back of one of my panel boards used for oil painting. The back of the board is a beautiful lavender color. After fighting with my painting, I just left it for the day. The next day when I came into class, I wiped off the bottom portion of the painting. It looked 100% better. However, the biggest light-bulb moment came when realizing how the background of the purple panel had influenced my color choices in the painting – lots of purple to try to make things work. So when painting, be mindful of those subtle influences. It may be a red shirt that you are wearing or a flaming purple background that one has taped their paper to. Thank you, Lisa, for helping me become aware of that "purple" moment and what happened!

#### Diane Gilbertson:

We had an excellent still life workshop with Lisa Stauffer. To begin with we talked about paper and pastels, and then the application of pastels – dark to light, thin to thick, dull to bright, soft to sharp, value and color. The elements of design was another big topic and interesting for all.

We created still lifes with the various fruits and vegetables that everyone brought to the workshop. Lisa had a large variety of fabrics that we could use to drape over cardboard sides and lay on the table surface. We studied how the way the light hit the surfaces created warm or cool colors in the shadows or sides of a surface. Our first couple of still lifes were using one piece of fruit or one vegetable. Later we advanced to creating a still life with three items. Everyone had different set ups that we all learned from. Lisa took the extra effort of staying later and helping everyone with their specific issues. The thumbnails we created gave us great help for our final pieces. This was proven in the final showing of everyone's works of art.

This is a workshop I would recommend to everyone. My last choice of a topic to paint is still life. This workshop changed this for me.

The next Still Life Workshop Lisa teaches is in Grand Marais, MN- March 15, 16, with an optional third day March 17. Details at <u>grandmaraisartcolony.org</u>

# SPRING WILL BEGIN THIS MONTH ... REALLY!

# LCPS 2014 Calendar

TIMES:	5:30 LCPS board meeting all are welcome
	7:00 Member meeting begins
MAR 11	LCPS board & member meetings
APR 15	DEADLINE for newsletter
MAY 13	LCPS board & member meetings
JUN 15	DEADLINE for newsletter
JUN 19	Burnsville Exhibit
JUL 8	LCPS board & member meetings
AUG 15	DEADLINE for newsletter
AUG 20-22	Richard McKinley Workshop
SEPT9	LCPS board & member meetings
SEPT 13	Frameworks Gallery Exhibit
OCT 15	DEADLINE for newsletter
NOV 11	LCPS board & member meetings
DEC 10	DEADLINE for newsletter

# Map to our Meeting



Mission Statement: We seek to unite artists from beginner to professional who are interested in the pastel medium and to serve their needs by encouraging artistic growth and development through education and sharing. We also work to create public awareness of pastel as a unique and beautiful art form.